

POST-OPERATIVE NAIL SURGERY CARE

1. To prevent bandage from adhering to wound, place foot in soaking solution before removing bandage. Once bandage is wet, remove and continue soaking for 15 minutes. While soaking use Q-tip or gauze to massage skin away from nail on the post-operative side.
2. Soak foot 15 minutes every morning and evening for one week with one packet Domeboro powder dissolved in 1 pint (16 oz.) of lukewarm water.
3. For the second week, soak foot 15 minutes once a day with 2 tablespoons of Epsom Salt dissolved in 1 quart of lukewarm water. Please remember soaking must be performed *after* bathing.
4. Cover the entire nail plate with small piece of gauze and half a Band-aid (flexible fabric) or water-proof tape. Bandage must **not** be plastic to help prevent sweating under the bandage; this will slow the healing process. Please remember your toe needs to breathe, so take the bandage off regularly while at home.

**If you have any questions, please feel free
to contact our office.**